



# 2022 Virtual Training Integrative Trauma Psychotherapy Certificate Program: EMDR Basic Training and/or Trauma Resilience Model (TRM)<sup>®</sup>

This certificate program for licensed mental health providers integrates EMDR Therapy with a somatic therapy, the Trauma Resiliency Model (TRM)<sup>®</sup>. Two specialized certificate programs are offered that provide advanced psychotherapy skills for working with those with complex trauma and dissociation. EMDR Therapy is an evidence-based psychotherapy for trauma and is included in numerous national and international practice guidelines. TRM is based on the biology of resilience and helps one learn how to restore balance to the body and the mind after traumatic experiences. TRM is research-informed and was named a promising practice by the Department of Defense. Somatic work combined with EMDR Therapy are powerful tools that can be integrated into any therapist's practice. These trainings are offered by recognized experts in trauma treatment. Separate certificates of completion for Basic Training in EMDR from EMDRIA and for the Trauma Resiliency Model from the Trauma Resource Institute will be awarded to those who complete each training. Upon program completion of all 4 trainings, participants will receive a Certificate in Integrative Trauma Psychotherapy from Fairfield University.

## Basic Training in EMDR Therapy

2/12	Day #1	9:30am-6pm
2/18 & 2/19	Day #2 & #3	9:30am-6pm
3/16	Consultation	4-6pm
3/25 & 3/26	Day #4 & #5	9:30am-6pm
4/30	Day #6	9:30-5pm
5/25 & 6/22	Consultation	4-6:30

## Cost:

### Basic Training in EMDR:

\$1,500 Licensed Mental Health Providers (cost includes all required consultation hours)

\$1,350 \*Students in programs to be a Licensed Mental Health Provider

\*Students in a licensed mental health provider program are eligible for all trainings. A CV and a letter from the Director of their program stating that you are a student in good standing and have

permission to participate in these trainings are submitted at the Registration link for the EMDR Training.

**To Register for Basic Training in EMDR click on the link below:**

<https://app.ce-go.com/emdr-therapy-basic-training>

### **Trauma Resilience Model (TRM)® Levels 1 & 2**

To see dates and to register for TRM Level 1 and TRM Level 2, click on the link below:

<https://www.traumaresourceinstitute.com/trm-trainings>

#### **Cost:**

**TRM Level 1:** \$850 (\$750 for students\*)

**TRM Level 2:** \$850 (\$750 for students\*)

\*Students must contact Claire Bridge at 909-294-9434 for student discount code prior to registering for TRM Level 1 and TRM Level 2.

#### **CEs:**

- 44 CEs awarded for the EMDR training. This program has been approved for Continuing Education Credit Hours by CE-Go and meets the continuing education criteria for Social Work Licensure renewal. Approval also meets the continuing education criteria for LMFTs, LPCs, and licensed psychologists. These contact hours are accepted by the ANCC for recertification for PMHNPs.
- 18.5 CEs are offered for each TRM training. Please [CLICK HERE](#) for more information.

### **Primary Faculty**

TRI Faculty will depend on the training date selected. Please [CLICK HERE](#) see the information listed by training for details about TRI Faculty assigned for each training.

Kate Wheeler PhD, APRN, FAAN is a Professor of Nursing at the Fairfield University Egan School of Nursing and the coordinator of the psychiatric nurse practitioner program. Kate specializes in trauma in her private practice and is an EMDR International Association (EMDRIA) Approved Consultant and Trainer. She is a psychoanalyst and has been EMDR certified since 2001. She is a past EMDRIA board member, president, and advisory director. Kate has served as a consultant on numerous EMDR research projects in the past 10 years and has published a number of research studies on EMDR with other colleagues and is on the editorial board of the *Journal of EMDR Practice and Research*.

#### **For more information, please email:**

Kate Wheeler APRN, FAAN  
kwheeler@fairfield.edu